



Wigmore Winter Menu 2018/2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
5 September 24 September 15 October 12 November 3 December 8 January 2019 28 January 25 February 18 March 8 April	Hot Dog and Onions (HM) Herby dice potatoes Quorn Dog (V) (HM) Peas	Roast Beef & Yorkshire pudding (HM) Mash (HM) (V) Cauliflower, squash and orzo gratin (V) (HM) Carrots sweetcorn	Pork meatballs (HM) Spaghetti (HM) (V) Vegetable balls (HM) (V) Green Beans	Roast Chicken Sage and onion Stuffing (HM) Mash (HM) (V) Potato & Leek Tart (V)(HM) Cauliflower Broccoli	Battered Fish Sautee potatoes (HM) Salmon and vegetable pasta Vegetable Pasta (V) Baked Beans/ Veg
Week 2	Winter Fruit with a filo top Served with crème fraiche (HM)	Date and banana cake (HM)	Pear sponge and custard(HM)	Fudge slice (HM)	Apple sponge and custard (HM)
10 September 1 October 22 October 19 November 10 December 14 January 2019 4 February 4 March 25 March	Fusilli pasta with nut free pesto and tomato sauce (HM) Tomato and basil pasta (V) (HM) Sweetcorn and peas	Cottage pie (HM) Quorn pie (HM) (V) Carrots and Swede	Chinese chicken (HM) Rice Chinese Vegetable and rice (V) peas	Roast Chicken & Stuffing (HM) Mash (HM) (V) Cheese and onion slice (V) (HM) Green Beans	Fish Fingers Herby dice potatoes (HM) Salmon and tomato ketchup fishcakes (HM) Vegetable Cake (V) (HM) Baked Beans
Week 3	Apple Pie & Custard (HM)	(HM) Fruity Rock buns	Oaty crunch cluster (HM)	(HM) Chocolate sponge with Ice cream	(HM) Sticky Toffee pudding with custard
17 September 8 October 5 November 26 November 17 December 21 January 2019 11 February 11 March 1 April	Cheese and tomato Pizza (HM) Herby dice potato Veggie Moussaka (V) (HM) Baked beans/veg	Roast pork With sage & onion stuffing (HM) Mash (HM) (V) Quorn& mushroom crumble (V) (HM) Peas Carrots	BBQ chicken with Noodles (HM) Veggie Slice (HM) (V) Sweetcorn	Roast Chicken and Stuffing (HM) Mash (HM) (V) Roasted veg Cous Cous (HM) (V) Cabbage Green Beans	Breaded Fish Potato Wedges (HM) Frittata (HM) (V) Baked Beans
	Chocolate & Orange cake with Custard (HM)	Blueberry muffins (HM)	Syrup Pudding & Custard (HM)	Jam filled cookies(HM)	Oaty fruit crunch and custard (HM)

Jacket Potatoes and Deli Bags are also available daily (fillings available)

Option to order Smoothie daily

Soup available for High School pupils daily during the winter

Salads available for High School pupils daily during the summer